

### Quote Reflection

*Read this quote and reflect on what it means to you.  
Think: How does it make you feel? What does it make you think about? Can you share these reflections with someone in your home?*

**"There are opportunities even in the most difficult moments."**

**Wangari Maathai**



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**"The greatest weapon against stress is our ability to choose one thought over another."**

**William James**



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**"Dreaming...is a glimpse of the thing you want to do that would make you feel most alive. A dream is a portal to your purpose."**

**Lupita Nyong'o**



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**"The way to right wrongs is to turn the light of truth upon them."**

**Ida B. Wells**



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**"When you recover or discover something that nourishes your soul and brings joy, care enough about yourself to make room for it in your life "**

**Jean Shinoda Bolen**



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**"Some look for a beautiful place, others make a place beautiful."**

**Hazrat Inayat Khan**



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**“Sometimes the most important thing in a whole day is the rest we take between two deep breaths.”**

**Etty Hillesum**



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**“Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world.”**

**Harriet Tubman**



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**“Be humble for you are made of earth.  
Be noble for you are made of stars.”**

**Serbian proverb**



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**“Be patient toward all that is unsolved in your heart and try to love the questions themselves.”**

**Rainer Maria Rilke**



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**“Dreams and reality are opposites. Action synthesizes them.”**

**Assata Shakur**



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**“Mistakes are a fact of life. It is the response to error that counts.”**

**Nikki Giovanni**



