

Community Building Questions

Ask these around the dinner table or anytime you're spending time with loved ones to strengthen connection and have some fun!

- **What is a food you have never tried but want to?**
- **If your mood were a song, what song would it be?**
- **Share about a time you stood up for someone else.**



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- **What is your favorite smell? Why?**
- **How are you different than you were 5 years ago?**
- **If you knew you couldn't fail, what would you do?**



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- **'When I become an adult, I want to...'**
- **What is a skill you have always wanted to learn?**
- **What are 3 signs that tell you are stressed?**



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- **What's the best way to start the day?**
- **What's the best single day on the calendar? Why?**
- **Talk about 1 way you are different from your friends.**



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- **If you didn't have to sleep, what would you do with the extra time?**
- **What is 1 way you show respect for others?**
- **I can't wait until...**



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- **Time freezes for everyone but you for one day, what do you do?**
- **What do you like most about living in your city or town?**
- **What did you learn in this past week?**



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- **If you were a flavor of ice cream, which flavor would you be?**
- **What is something in your life you are thankful for this week?**
- **Name 2-3 jobs around the home that help the home run smoothly. How do you or can you help the home run more smoothly?**



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- **I feel excited when...**
- **What is more important to you: respect or love? Why?**
- **What is one way you take care of others?**



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- **Is technology making our communication better or worse? Why?**
- **How would you like people to describe you?**
- **If you could have given yourself advice one year ago, what advice would you have given?**



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- **Who inspires you to be better? Why?**
- **What do you have doubts about?**
- **What is your favorite app on your phone? Why?**



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- **Would you rather go back in time to meet your ancestors or forward in time to meet your great great grandchildren? Why?**
- **If you could serve a meal to a group of strangers for them to get to know you, what would you serve and why?**
- **What do you feel you need help with in your life today?**



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- **What is a goal you can set for today or tomorrow? It can be anything...**
- **What are the qualities of a good leader?**
- **What sense do you use the most (seeing, hearing, feeling, tasting, smelling)? Which sense would you miss the most if something happened to you and you no longer had one of them?**



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- **What gives you hope?**
- **What qualities do you value most in a friend?**
- **If you had intro music, what song would it be?**



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- **Tell us about the last dream you had.**
- **How should success be measured?**
- **What do you wish you knew more about?**



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- **What is one time in your life you faced a fear? How did this change you?**
- **Describe a time when you choose to just not say anything, rather than share your disagreement.**
- **What is the first thing you notice when meeting someone new?**



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- **What movie do you like to watch on repeat?**
- **What have you learned in life you think will be most useful?**
- **If you could be any animal right now, which would you be and why?**

